

# PRIMARY MENU - 2019 (CHOICE) - MENU A

**school  
food**

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>  <b>02.09.19</b>	Spaghetti Bolognese & Herb Bread OR Oven Baked Sausages, Carrots, Sweetcorn, Mashed Or Baked Potatoes Apple Sponge & Custard	Chicken Curry, Rice & Naan Bread OR Cheese & Tomato Pizza, Baked Beans, Sweetcorn, Mashed Potatoes Or Diced Potatoes Fresh Fruit & Yoghurt	Baked Gammon, & Stuffing, Cabbage, Carrots, Dry Oven Roast & Mashed Potato  Flakemeal Biscuit, Fruit & Milkshake	Homemade Soup, Beef Burger & Bap OR Filled Baguette & Side Salad  Ice-cream & Fresh Fruit	Oven Baked Crumbed Fish & Lemon OR Chicken Wrap Peas, Coleslaw & Chips  Fresh Fruit & Yoghurt
<b>Week Two</b>  <b>09.09.19</b>	Savoury Mince OR  Bacon Broccoli, Turnip, Mashed Potato Chocolate Pear Sponge & Chocolate Sauce	Chicken Curry, Rice & Naan Bread OR Beef Stew, Sweetcorn, Mixed Vegetables & Mashed Potatoes Fruit Krispie Square, Custard & Fruit	Roast Chicken, Stuffing & Gravy, Carrots, Cauliflower Dry Oven Roast & Mashed Potatoes  Fruit & Yoghurt	Oven Baked Crumber Fish, Peas, Sweetcorn, Mashed Potato OR Chicken & Broccoli Bake & Side Salad Fruit & Yoghurt	Chilli Chicken & Salad Wrap OR Oven Baked Sausages, Sweetcorn, Beans, Chips Frozen Yoghurt & Fresh Fruit
<b>Week Three</b>  <b>16.09.19</b>	Chicken Curry & Rice OR Chicken Or Cheese Panini, Sweetcorn Diced Potatoes & Salad  Ice-Cream Tub & Fruit	BUFFET Selection of Sandwiches (Chicken/Cheese/Tuna) Pizza Fingers Cocktail Sausages Carrot Sticks  Fruit Muffin & Milkshake	Roast Pork & Apple Sauce, Carrots, Cauliflower, Mashed & Dry Oven Roast Potatoes, Stuffing & Gravy  Milk Pudding & Fruit	Vegetable Pasta Bolognese OR Steak Burger, Onions, Baked Beans, Broccoli, Mashed Potato  Fruit & Yoghurt	Oven Baked Fish OR Chicken Burger, Peas, Beans, Salad & Chips  Fruit & Yoghurt
<b>Week Four</b>  <b>23.09.19</b>	Chicken Curry & Rice OR Cheese & Tomato Pizza, Peas, Salad & Potato Wedges Crunchy Fruit Crumble & Custard	Savoury mince OR Salmon Cake & Lemon, Carrots, Peas, Mashed Potato Biscuit, Fruit & Milkshake	Roast Beef Carrots, Green Beans, Dry Oven Roast, Mashed Potatoes, Stuffing & Gravy  Fruit & Yoghurt	Chicken Goujions  OR Bolognese Pasta, Sweetcorn, Herb Diced Potatoes Ice-cream & Fruit	Oven Baked Sausages OR Fish Cakes Sweetcorn, Beans, Chips  Fruit & Yoghurt

**Bread, salad, fruit, yoghurt, milk and water are available daily.**

If you require any additional information on allergens or special diet please contact the school in the first instance



Please Note that P1s do not get a choice

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